

# EveryDay Worship

Create a space where you can relax, and breathe and enjoy EveryDay Worship.



## Monday

### Call to Worship\*

The Lord is our light and our salvation. Whom or what shall we fear?  
The Lord set us high on a rock above all that seeks to distress and destroy us.  
The Lord shelters us in our days of trouble.  
The Lord is our light and our salvation. Whom or what shall we fear?

### Music

#### Contemporary

Quiet Streams Cloverton

[https://youtu.be/peyN\\_yeyTTk](https://youtu.be/peyN_yeyTTk)

#### Traditional

Be Still My Soul Jean Sibelius; words by Katharina von Schlegel. Sung by the Mormon Tabernacle Choir

<https://www.youtube.com/watch?v=cHNT6G9ZKik>

### Scripture Reading

Psalm 27:1, 4-8

<https://www.biblegateway.com/passage/?search=Psalm+27%3A1%2C+4-8&version=NRSV>

Matthew 6:25-31

<https://www.biblegateway.com/passage/?search=Matthew+6%3A25-31&version=NRSV>

### Prayer

It's Monday, the start of a week where work, school, even church will be done from home for awhile. God speak to me - while I try to stay focused during my Zoom meeting, while my kids are running around unfocused and uncertain and not interested in learning math at the kitchen table, while I worry about no job and no income, while I shut myself off for another day wondering how long I will be isolated from friends and family. Speak to me, God. Equip me for all that is ahead. Help me to be ready to give and to receive more than I can imagine possible. Be with me on this Monday. Be my light and my shelter. Calm my worries. Amen

### Benediction\*

I will face this day as a person of light and love.  
God's light shines on me. God's love guides me.  
God's spirit calms me. Amen.